

Changes to the Specifications for Competition Equipment Ski Jumping

Edition 06.06.2011

1. Jumping Skis

1.2.1 Geometric features

1.2.1.1 Ski length

According to the body weight/height relationship ($BMI = \text{body weight} / \text{body height}^2$ in Kg/M^2).

However, the maximum ski length is 145 % of the total body height of the competitor a minimum BMI of 20.5 for Ladies and 21 for Men has to be reached. For athletes with less than minimum BMI a grading table of 0,125 BMI per 0,5 % of ski length will be applied.

2. Jumping Ski Bindings

Safety bindings in Ski Jumping function as strain limiters. That is, these devices transfer specific demands occurring during skiing to an acceptable limit, and when this limit is overstepped, they release their firm hold on the ski.

Additional devices creating foreign energy of any kind as an aid to take-off are forbidden.

The complete binding system must be mounted so, that the Ski

Jumping shoes are fixed to the skis symmetrically, parallel and centrally to the running direction. After fixing the front part of the jumping shoe into the front part of the binding it must stay fixed and horizontal to the top surface of the ski. The outline of the heel wedge of the shoe sole in its normal production form may not protrude over the side-walls of the Jumping ski.

4. Ski Jumping suits

All portions of the ski jumping suit must be made of the same material (see 4.2) and must show the same air permeability from the outside in and from the inside out.

The suit must close by means of a zipper placed at the centre of the front, which reaches to the collar. The width of this zipper may not exceed ~~10~~ 15 mm. During the jump the zipper must be completely closed. ...

Masstabelle für Skilänge und Gewicht - BMI 21 - gültig ab Sommer 2011 (Herren)																																																																																																																																																																																																																																																																																																																																																																																																																														
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